

# HEALTH ASSESSMENTS



July 2010

TARGET GROUPS	FREQUENCY OF SERVICE
Children aged at least 3 years and less than 5 yrs of age, who have received or who are receiving their 4 yr old immunisation	Once only
People ages 40-49 yrs ( inclusive) with a high risk of developing type 2diabetes as determined by the Australian Type 2 Diabetes Risk Assessment Tool	Once every 3 years
People aged 45-49 yrs ( inclusive) who are at risk of developing chronic disease	Once only
People aged 75 yrs and older	Provided annually
Permanent residence of Residential Aged care Facilities	Provided annually
People with an intellectual disability	Provided annually
Refugees and other humanitarian entrants	Once only
Indigenous Australians	Provided annually

ITEM NUMBER	DESCRIPTION	FEE
701	<p><b><u>Brief</u> - Health assessment lasting less than 30 mins.</b></p> <p>Collection of relevant information, including taking a patient history;</p> <ul style="list-style-type: none"> <li>• A basic physical examination</li> <li>• Initiating interventions and referrals as indicated and</li> <li>• Providing the patient with preventive health care advice and information</li> </ul>	\$55.00
703	<p><b><u>Standard</u> - Health assessment lasting more than 30 minutes but less than 45 minutes</b></p> <p>Detailed information collection, including taking a patient history;</p> <ul style="list-style-type: none"> <li>• An extensive physical examination;</li> <li>• Initiating interventions and referrals as indicated; and</li> <li>• Providing a preventive health care strategy for the patient</li> </ul>	\$127.00
705	<p><b><u>Long</u> - Health assessment lasting more than 45 minutes but less than 60 minutes</b></p> <p>Comprehensive information collection, including taking a patient history;</p> <ul style="list-style-type: none"> <li>• An extensive examination of the patient's medical condition and physical function;</li> <li>• Initiating interventions and referrals as indicated; and</li> <li>• Providing a basic preventive health care management plan for the patient</li> </ul>	\$176.30

<p><b>707</b></p>	<p><b><u>Prolonged</u> - Health assessment lasting more than 60 minutes</b></p> <p>Comprehensive information collection, including taking a patient history;</p> <ul style="list-style-type: none"> <li>• An extensive examination of the patient's medical condition, and physical, psychological and social function</li> <li>• Initiating interventions and referrals as indicated; and</li> <li>• Providing a comprehensive preventive health care management plan for the patient</li> </ul>	<p><b>\$249.10</b></p>
<p><b>715</b></p>	<p><b><u>Indigenous Health Assessment</u></b></p> <p>Information collection, including taking a patient history and undertaking examinations and investigations as required;</p> <ul style="list-style-type: none"> <li>• making an overall assessment of the patient;</li> <li>• recommending appropriate interventions;</li> <li>• providing advice and information to the patient; and</li> <li>• keeping a record of the health assessment, and offering the patient, and/or patient's carer, a written report about the health assessment with recommendations about matters covered by the health assessment</li> </ul> <p>If, after receiving this health assessment, a patient who is aged fifteen years and over but under the age of 55 years, is identified as having a high risk of developing type 2 diabetes as determined by the Australian Type 2 Diabetes Risk Assessment Tool, the medical practitioner may refer that person to a subsidised lifestyle modification program, along with other possible strategies to improve the health status of the patient.</p>	<p><b>\$196.65</b></p>
<p><b>10987</b></p>	<p><b><u>Follow up service for an Indigenous person who has received a health assessment</u></b></p> <p>Provided by a Practice Nurse or Registered AHW, on behalf of a GP Maximum of 10 services per calendar year</p> <ul style="list-style-type: none"> <li>• Used to provide: <ul style="list-style-type: none"> <li>- Check on progress and service access</li> <li>- Interventions, education, monitoring, counselling &amp; lifestyle advice, as indicated by the health check</li> </ul> </li> </ul>	<p><b>\$22.70</b></p>
<p><b>10986</b></p> <p>Provided by GP - Time based item <u>701-707</u> <b>OR</b> Provided by PN / AHW - item <u>10986</u></p>	<p><b><u>Health Kids Check - provided by a Practice Nurse or an Aboriginal Health Worker</u></b></p> <p>An assessment of Child's physical health, general well-being and development with the purpose of initiating medical interventions as appropriate</p> <ul style="list-style-type: none"> <li>• information collection,</li> <li>• patient history</li> <li>• basic physical examinations and assessments Height and weight (plot and interpret growth curve/calculate BMI), eyesight, hearing, oral health (teeth and gums), toileting &amp; allergies</li> <li>• initiating interventions and/or referrals as indicated</li> <li>• health advice and information to the patient's parents/guardian utilising the Department's publication '<i>Get Set 4 Life - habits for healthy kids</i>' parent/guardian-held child health record.</li> </ul>	<p><b>\$55.00</b></p>